



THE CHURCH FATHERS WERE WISE! THEY PICKED UP ON THEMES THROUGHOUT SCRIPTURE, AND WOULD OFTEN GROUP LESSONS IN THE CHURCH YEAR TO HIGHLIGHT THOSE THEMES. FOR EXAMPLE, THEY NOTICED THAT MANY OF THE SCRIPTURE LESSONS THAT COME UP DURING THE SEASON OF PENTECOST REVOLVE AROUND FOOD. THESE LESSONS TEACH US ABOUT BOTH OUR PHYSICAL AND SPIRITUAL NEEDS. THUS, AT THIS POINT IN PENTECOST, WE WILL USE OUR WORSHIP TO FEAST ON SOME “FOOD FOR THOUGHT.”

### ***Weekend of July 29th***    USE YOUR BLESSINGS TO HELP OTHERS

With God, the pronouns “me” and “I” are unimportant. Do we not see that in Christ? He put our needs before his own. He told his father, “Not my will, but yours be done.” In God’s mind, we exist for the benefit of each other. And so God pours out on us all sorts of blessings. He does that because in an amazing act of grace, God makes his existence all about our benefit. It is shocking that the Almighty would do that! But God also blesses us so that our existence might gain purpose and meaning when we use those blessings to help others.

### ***Weekend of August 5th***    DON’T LET MATERIAL BLESSINGS DISTRACT YOU FROM SPIRITUAL BLESSINGS

Major blessings can become major distractions. For example, cell phones can be a blessing. But if your cell phone distracts you while you’re driving, then the blessing actually becomes a curse! So it is with all material blessings. When they distract you from that which is more important, they cease to be blessings. Good things become bad when they are misused. Good things become evil when they distract us from higher good. If material blessings distract us from spiritual blessings, then it would be good and wise for our loving God to take all material blessings away from us. Let us focus on that which truly matters!

# FOOD FOR THOUGHT

A WORSHIP SERIES ABOUT PHYSICAL  
AND SPIRITUAL NEEDS



## ***Weekend of August 12th***    A TIME FOR MILK; A TIME FOR SOLIDS (PASTOR WORDELL INSTALLATION WEEKEND)

As an infant grows, his body needs more nourishment than he can get from milk alone. Likewise, as our faith grows, we need to move beyond the elementary teachings of God's Word. A Christian would never have the attitude, "I know enough of the Bible." He wants to continually grow in knowledge and in spiritual maturity, so that he might face adult-sized problems with advanced faith. However, when we feed on God's spiritual truths, it's also important not to neglect the simple truths, or we might choke on the more difficult teachings of God's Word! There's a time both for milk, and for solids!

## ***Weekend of August 19th***    CRAVE THE FOOD THAT GIVES ETERNAL LIFE

Not only is a nice meal enjoyable, it is necessary. Our body needs fuel. Take away food, and over time the body withers, weakens, and dies. However, you can eat three square meals a day, and you will still die! You can count your calories and eat plenty of vegetables, but you will never be healthy unless you regularly eat the food that Jesus offers, food that enables you to even overcome death.