



Life Guide

applying God's Word to life

The Word Works ... to Quiet our Fears!

June 23-25, 2018

Matthew 8:23-27 Then he got into the boat and his disciples followed him. ²⁴ Without warning, a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. ²⁵ The disciples went and woke him, saying, “Lord, save us! We’re going to drown!” ²⁶ He replied, “You of little faith, why are you so afraid?” Then he got up and rebuked the winds and the waves, and it was completely calm. ²⁷ The men were amazed and asked, “What kind of man is this? Even the winds and the waves obey him!”

1. Ps.29:3ff describes thunder storms saying, “*The Lord thunders over the waters... the voice of the Lord breaks the cedars ... the voice of the Lord strikes with flashes of lightning ... and in his temple all cry ‘Glory.’*” What is the point the psalmist David is making with this description of thunder storms?
2. Eccl.7:14 says, “*When times are good, be happy; but when times are bad, consider: God has made the one as well as the other.*” In line with that, Job facing the loss of his family wealth said, Job 2:10 “... *Shall we accept good from God and not trouble.*” What do these passages teach us about the storms or hard times we face in life?
3. Ps.34 tells us, “*A righteous man may have many troubles, but the Lord delivers him from them all.*” What hope does this passage promise for “the righteous man?”
4. Ps.46 tells us that “God is our refuge and strength, a very present help in trouble.” Name as many Bible stories as you can where people faced terrible trouble and God brought them safely through.
5. Matt.8:23 “*Then he got into the boat and his disciples followed him. ²⁴ Without warning, a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping.*” Name three “storm truths” that are evident from this verse.
 - a.
 - b.
 - c.

6. ²⁵ **The disciples went and woke him, saying, “Lord, save us! We’re going to drown!”** ²⁶ **He replied, “You of little faith, why are you so afraid?”** Explain the “wave counting” skills the disciples displayed in this storm that causes us to think fear is natural in such moments.

7. ²⁷ **The men were amazed and asked, “What kind of man is this? Even the winds and the waves obey him!”** How does the disciples’ question in this verse reveal the reason that explains both why we are afraid in the storms we encounter and at the same time reveals the reason why we never need to be afraid of the storms of life that come?

8. Using the Word of God, how can God teach us not to be afraid or to worry in the midst of whatever storms we encounter?