



Life Guide/Closer Look

applying God's Word to life

Jesus Is the Bread of Life! **August 18-20, 2018**

John 6:51-58 ⁵¹ I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.”

⁵² Then the Jews began to argue sharply among themselves, “How can this man give us his flesh to eat?”

⁵³ Jesus said to them, “Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ⁵⁴ Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day. ⁵⁵ For my flesh is real food and my blood is real drink. ⁵⁶ Whoever eats my flesh and drinks my blood remains in me, and I in them. ⁵⁷ Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me. ⁵⁸ This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live forever.”

1. Jesus promised many blessings for those who eat the bread of life. How many can you identify? Pick one and write a prayer thanking God for that blessing.

2. Eating Jesus' flesh and blood means believing in him. How do these verses (especially vv. 54-56) show that? Can you find other evidence from John 6, which would back up that conclusion?

3. Only Jesus can satisfy hungry souls (v.55). What kind of spiritual junk food might you be tempted to reach for?

4. Look at v. 57. Describe the relationship between God the Father and Jesus; and the relationship between Jesus and you.

5. What are some ways that having a good appetite for Jesus will affect your life in the coming week?